### **SFY 2009**

# COMMUNITY CARE SERVICES PROGRAM (CCSP) ANNUAL REPORT SUMMARY

The CCSP provides consumers the long term care option of community-based services. Consumers who qualify for nursing facility (NF) level of care, and are Medicaid eligible, may choose to receive service in the community, instead of institutionalization.

It is estimated that between 1990 and 2010 the number of people over the age of 60 increased by 62.5% in Georgia. Those 85 years+ are by far the fastest growing age group; by 2010 their numbers are expected to increase by 114.6%. Growth projections for seniors suggest that there will be greater demand for an array of cost-effective home and community-based services and long-term care resources.

#### **CCSP - Demonstrated Quality Performance**

Cost Savings to the State

Measurable Program Value

Improved Consumer Quality of Life

## Supports personal choice & consumer independence

- ✓ Community-based services
- ✓ Assists individuals to live independent lives
- ✓ Improves quality of life for consumers & caregivers
- ✓ Supplements family responsibility
- Provides family / informal caregiver support

- CCSP serves 12,599 consumers: 74% are female and 45% are non-White
- CCSP consumers in CCSP live an average of over 4 additional years in the community. This represents a 44% increased consumer length of stay in the community since SFY 2000
- Consumer satisfaction with CCSP services averaged 92%
- Consumer satisfaction with CCSP care coordination was 94%
- 93% report that their CCSP care coordinator assisted them in having a better quality of life

#### **Cost-effective**

- ✓ Less costly than NF Medicaid
- ✓ Taxpayer savings
- ✓ Medicaid alternative to nursing facility placement



- CCSP Medicaid consumer expenditure averaged 35% of what it would cost for these consumers to be in a Medicaid nursing facility
   a \$17,048 per consumer taxpayer savings, or, \$214,787,752
- CCSP care coordination cost per consumer was \$1,799
- Cost to administer CCSP is only 1% of the total CCSP Administrative budget
- 61% of consumers contribute to the cost of their services, with 2% paying the entire cost

"I really appreciate the services. CCSP has improved quality of life for me and my caregiver."

Male consumer age 47, Columbus, Lower Chattahoochee Area Agency on Aging

"I would not be able to fulfill my mother's wish to be able to stay at home and die at home, rather than in a nursing home. I want the best care for mom, and I feel blessed to have this program."

Caregiver, female consumer age 93, Sparta, Central Savannah River Area Agency on Aging

"I could not make it in my home without the personal support services, safety button and meals that I do have in my home. I am not capable of doing the things that I once had been able to do. I am appreciative of my CCSP services."

Male consumer age 88, Rochelle, Heart of GA/ Altamaha Area Agency on Aging

# Community-based long term care option

Assures individuals the least restrictive living environment suitable to their needs

## One-stop access to local information, referral & services

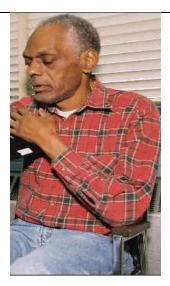
- ✓ Aging Network: 12 Area Agencies on Aging and 451 provider agencies
- ✓ Maximizes database development of community resources

- 27 years of successful community-based program services and care coordination delivery
- Services effectively delay or prevent consumer institutionalization
- 41 consumers admitted to CCSP from nursing facilities; 30 nursing facility residents enrolled in Money Follows the Person, and transitioned with support services into the CCSP
- 92% of eligible consumers choose the CCSP over more expensive nursing facility care
- 51% of consumers are over age 75. Clients younger than age 60 have increased from 17% to 22% since SFY 2000
- Resource for community information, assistance & referral to services and consumer programs

# Comprehensive care coordination planning & development

- ✓ Preventive and supportive
- ✓ Initiates brokering, delivery & monitoring of services
- ✓ Collaborates with consumer to establish social, health and support services
- ✓ Provider and care coordination agencies follow statewide program policies and procedures
- ✓ Ongoing training of program staff and agencies

- Consumer freedom of choice between community services and institutional care, and between service provider agencies
- Consumer focus and individualized Plan of Care
- Critical Incident Review monitors serious injury and falls data on CCSP clients and implements statewide intervention recommendations for safety and independence
- Development and delivery of services by provider agencies



### **Encourages innovative program collaboration**

- ✓ State, university, corporate and non-profit community partners
- ✓ Quality management strategy and systematic review of *Waiver Assurances* performance
- ✓ Program deliverables based on measures, targets and continuous quality improvement

- Statewide Aging Network database of community services and resources
- CCSP supports economic development in Georgia, partnering with 451 public and private licensed, enrolled service businesses and health-related agencies
- Consumer Directed Personal Support Services option Promotes consumer choice and independence, provides an opportunity to hire and manage personal care with consumer-hired employees. Consumer Directed PSS Option participation went from 99 in SFY 2008 to 288 in SFY 2009, a nearly 200% increase

- ✓ Statewide service provider agencies training
- ✓ Preventive and supportive policies & standards for delivery of consumer focused quality services





Decreasing Depression in Community Elders

The Georgia Coalition on Older Adults & Mental Health, a collaboration of public and private partners, focuses on mental health issues and service needs for older adults. Care coordinators are trained to identify, assess, and refer consumers with depression for treatment.

Aging & Disability Resource Connection (ADRC)

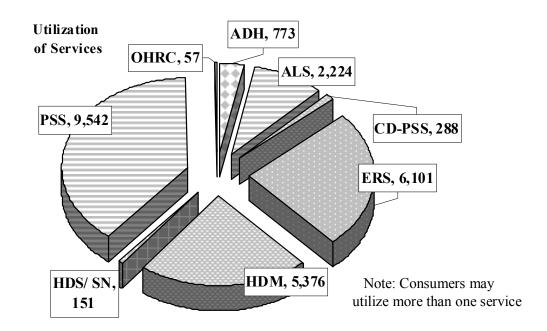
Provides information, resource and referral assistance to consumers with disabilities, to caregivers and families through local ADRCs. It is estimated that 60% of the 2 million people living with developmental disabilities in the United States live with a family caregiver. Twenty-five percent of these caregivers are over age 60. In SFY 2009, 74,000 caregivers contacted an ADRC. As care givers age and consumers with special needs live longer, there may be increasing need for caregiver support in the community

 Nursing Facility to Community Transition & Money Follows the Person (MFP)

In SFY 2009 the CCSP admitted 41 eligible consumers from nursing facilities. Thirty (30) consumers were enrolled from nursing facilities and supported through MFP in their transition into the community. Over the period of the 5-year grant, ending in SFY 2011, the MFP targets transitioning 375 elderly and/or disabled consumers from nursing facilities to the community, realizing potential savings to GA taxpayers in excess of 6 million dollars a year in long term care costs

#### **CCSP SERVICES** - SFY 2009

- > Adult Day Health (ADH)
- > Alternative Living Services (ALS)
- > Consumer Direction PSS Option (CD PSS)
- > Emergency Response Services (ERS)
- > Home Delivered
- Meals (HDM)
- > Home Delivered Services /Skilled Nursing (HDS/SN)
- > Personal Support Services (PSS)
- > Out-of-Home Respite Care (OHRC)



#### CCSP SERVICES, cont'd

- 76% of CCSP consumers used Personal Support Services, which accounted for 72% of total CCSP expenditures
- 43% of CCSP consumers utilize Home Delivered Meals
- 48% of CCSP consumers used the cost-effective Emergency Response Services
- Alternative Living Services ranked second in expenditures, accounting for 11% of CCSP Medicaid provider services costs

"This program has helped us so much. We would never be able to afford the services without it. My daughter is happy attending the ADH program. It is good for her to be able to socialize with other people and maintain as much independence as possible. She has made some good friends in the program. I have recently had two surgeries and don't know how I could have taken care of my daughter without the assistance. As I have aged, I have come to appreciate the program more and more."

Mother caregiver age 74 of female consumer age 47, Americus, Lower Chattahoochee Area Agency on Aging

"It is so hard and tiring to take care of him by myself. I appreciate and need the respite to have free time to myself. I am grateful for the help with his care, but mostly for the respite."

Caregiver wife of male consumer age 81, Nashville, Southeast GA Area Agency on Aging

Area Agencies on Aging are the single point of entry (Gateway) to local and statewide information, resources & referral: Call toll free statewide # 1-866-55-AGING

CCSP SFY 2009 Statewide Annual Report is located on the DHS Division of Aging website: http://aging.dhr.georgia.gov





<sup>&</sup>lt;sup>1</sup> The State of the State in Developmental Disabilities, Braddock, Hemp, Rizzolo, 2008

<sup>&</sup>lt;sup>2</sup> CCSP 5-Year Waiver Renewal Statewide Data Collection & Analysis Report, GA Health Policy Center, GSU, FY 08